

Chelsi Kitchen, PT



Chelsi graduated from the University of Indianapolis in 2014 with a bachelor's degree in exercise science and in 2017 with a doctorate of physical therapy. She is certified in the McKenzie Method of Mechanical Diagnosis and Therapy. Chelsi started her career at

OrthoIndy in June 2017 and her primary role is an outpatient physical therapist at OrthoIndy South Physical Therapy. Her favorite part of her job is helping people reach their goals by abolishing pain to allow them to return to their previous level of function.

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