

FAQs

The following are frequently asked questions after joint replacement surgery.

Q. When can I travel?

A. The issue is the increased risk of blood clots in your legs with long distance travel soon after surgery. I recommend waiting for **one month** after surgery for **trips longer than two hours**.

Q. When can I drive?

A. You can drive when you feel safe which is around three weeks after surgery for most patients.

Q. When can I get back to work?

A. Most of my patients are back to work at six weeks for a sedentary job and eight weeks for a more physically demanding job. You may return to work sooner if you are ready.

Q. How long will my new hip or knee last?

A. Most implants are still functioning well 15 to 20 years after surgery more than 90 percent of the time. If the prosthesis wears out or loosens, then we can take it out and put another one in with a good result.

Q. What activities are permitted after surgery?

A. I only restrict jumping and repetitive running. All other activities are permitted. I have many patients playing racquetball, doubles tennis, hiking, biking, walking, swimming and golfing.

Q. When can I get off my walker?

A. Most of my patients are off their walker by two weeks and off their cane by four weeks. I expect you to use what you need until you are safely walking independently, which will be different for each patient.