

# Celeste Ricks

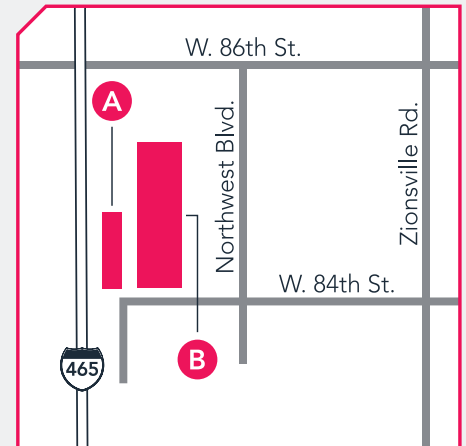
Physical Therapist Assistant



Physical therapist assistant Celeste Ricks believes recovery starts with the right mindset. She works to help patients return to what they love to do with a hopeful, positive outlook about their progress. While her clinical focus is general orthopedics, Celeste has a specific interest in helping patients recover from total knee replacement surgery. She is certified in the Graston Technique® and blood flow restriction (BFR) – treatment methods that can help support strength, mobility and overall recovery.

For several years, Celeste has worked alongside the same team of physical therapists, creating a strong and highly collaborative care team for patients. This consistency helps ensure a smooth transition between visits and a shared understanding of each patient's progress. Celeste also collaborates closely with physicians – following protocols, sharing progress updates and staying current on the latest surgical techniques.

Celeste earned her degree from the University of Indianapolis Krannert School of Physical Therapy. Her career brings together two of her passions: learning about anatomy and cheering people on as they work toward their goals. For Celeste, success means helping patients return to the activities they enjoy with less pain, improved mobility and a positive attitude about their achievements.



**Located At**  
**OrthoIndy Northwest**  
**Physical Therapy**  
6040 W. 84th St.  
Indianapolis, IN 46278  
317.956.1082

**Location Hours**  
Monday - Thursday:  
7am to 6pm  
Friday: 7am to 5pm

**ORTHOINDY**  
PHYSICAL THERAPY



OrthoIndy is the official orthopedic provider of the Indiana Pacers and the Indiana Fever.

