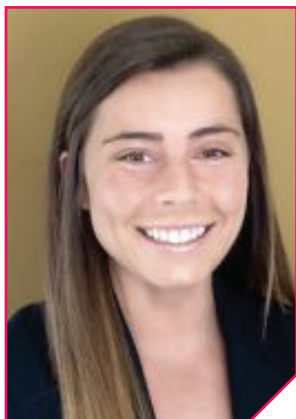


Hayley Grove, OTD, OTR/L

Occupational Therapist

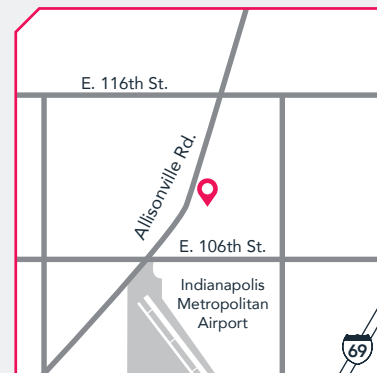


Hayley Grove is passionate about helping patients return to the activities that matter most to them. She specializes in treating operative and non-operative orthopedic conditions of the upper extremity, with a focus on the elbow, wrist, hand and fingers, as well as select shoulder conditions. As a former Division I soccer player, Hayley also enjoys helping athletes safely return to sport in a way that meets their individual goals.

Her interest in occupational therapy was shaped early on. She grew up around orthopedics through her mother's career and navigated her own upper extremity sports injuries that required hand therapy. Through these experiences, Hayley saw firsthand the impact thoughtful, personalized care can have on recovery. She went on to earn her Doctor of Occupational Therapy and Bachelor of Science in Health Sciences degrees from Indiana University Indianapolis (formerly IUPUI) and has advanced training in upper extremity splinting, instrument-assisted soft tissue mobilization (IASTM) and taping techniques.

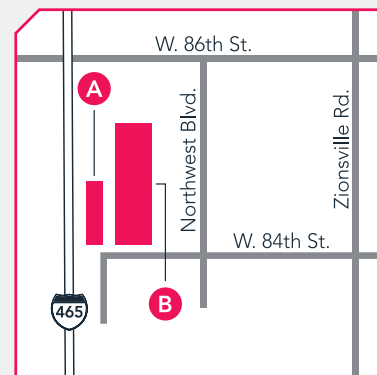
Today, Hayley approaches therapy as a team sport. While she brings deep anatomical and clinical expertise, she believes each patient is the expert on their own body. By working collaboratively, she tailors treatment plans to support meaningful, goal-driven outcomes. Her hope is that every patient feels heard, confident and actively involved in their recovery.

Located At



OrthoIndy Fishers Physical Therapy

6040 W. 84th St., Ste. 101
Indianapolis, IN 46278
317.956.1082



OrthoIndy Northwest Physical Therapy

(Building A on Map)
6040 W. 84th St.
Indianapolis, IN 46278
317.956.1082

Fishers and Northwest Hours
Monday - Thursday: 7am to 6pm
Friday: 7am to 5pm