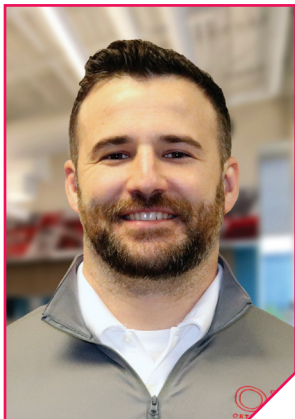


# Jacob Seiler, PT, DPT

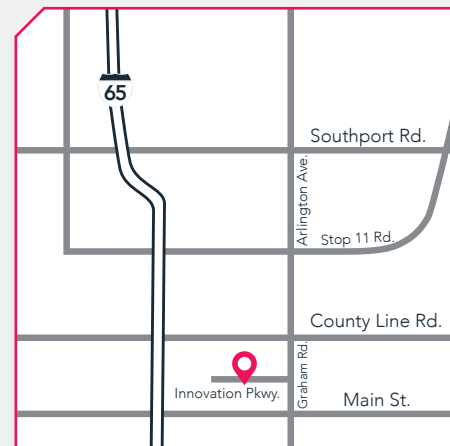
Physical Therapist



Jacob Seiler takes a personalized approach to care, using the right mix of tools and techniques to support each patient's recovery. He believes one of the most important parts of physical therapy is knowing which tools to use – and when to use them. By combining exercise with hands-on techniques throughout the rehabilitation process, Jacob helps patients return to the activities they enjoy most.

His approach includes a range of techniques, such as blood flow restriction (BFR) therapy, Graston Technique, dry needling, neuromuscular electrical stimulation (NMES), transcutaneous electrical nerve stimulation (TENS), iontophoresis and Kinesio taping. By selecting the right combination for each patient, he aims to build treatment plans that best support their needs and goals.

Jacob earned his bachelor's degree in allied health sciences from Grand Valley State University in Grand Rapids, Michigan, and his Doctor of Physical Therapy from the University of Indianapolis. While he always wanted to pursue a career in sports and medicine, his path to physical therapy was ultimately shaped by his own experience as an athlete. While playing lacrosse in college, he tore his ACL and meniscus. With the help of a physical therapist, Jacob was able to return to the sport he loved, which inspired him to help others do the same.



**Located At**  
**OrthoIndy Greenwood**  
**Physical Therapy**  
1260 Innovation Pkwy.  
Suite 135  
Greenwood, IN 46143  
317.956.1082

**Location Hours**  
Monday - Thursday:  
7am to 6pm  
Friday: 7am to 5pm