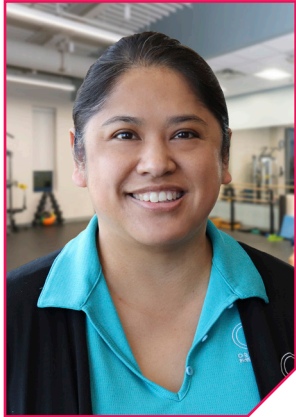


Kim Wach, PT, DPT, CKTP

Physical Therapist

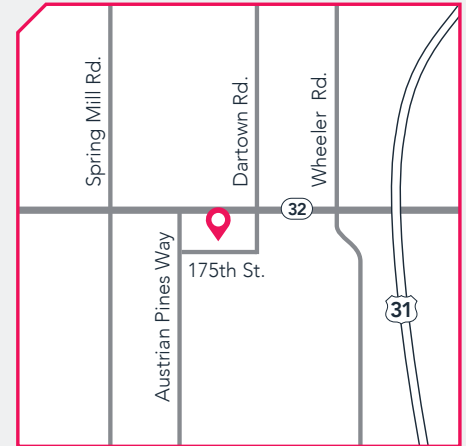


Kim Wach, PT, DPT, CKTP, has one immediate goal when meeting a patient: helping them feel at ease. From there, she focuses on setting clear rehabilitation expectations that support each patient's functional needs.

Kim's clinical focus is outpatient orthopedics, with experience in both land- and aquatic-based therapy environments. She incorporates manual therapy techniques and develops personalized therapeutic exercise and

activity programs for each patient, with the goal of helping them gain the independence needed to confidently manage their rehabilitation at home. As a Certified Kinesio Taping Practitioner (CKTP), she also uses taping applications when appropriate to help reduce pain and swelling, improve circulation, and provide additional joint and postural support. To Kim, success means helping patients achieve their full functional potential while ensuring they have a positive experience in her care.

Growing up surrounded by family members who were registered nurses, Kim knew early on that she wanted to work in healthcare. Volunteering and later working as a physical therapy aide in an outpatient orthopedic clinic confirmed that physical therapy was the right path. Kim earned her Bachelor of Science in Health Education and her Master of Physical Therapy from California State University, Northridge, before completing her Doctor of Physical Therapy through the College of St. Scholastica in Duluth, Minnesota.



Located At
OrthoIndy Westfield
Physical Therapy
288 E. 175th St.
Westfield, IN 46074
317.956.1082

Location Hours
Monday - Thursday:
7am to 6pm
Friday: 7am to 4pm