

Medications Management

Medications to Stop Before Surgery

Anti-inflammatories and Aspirin

- Stop seven days before surgery unless instructed otherwise.
 - Includes: ibuprofen (Advil, Motrin), naproxen (Aleve), celecoxib (Celebrex), meloxicam (Mobic), indomethacin (Indocin), etodolac (Lodine), ketorolac (Toradol).
- Unsure if your medication is an anti-inflammatory? Call your doctor or pharmacist.

Herbal Supplements, Energy Drinks, Weight Loss Supplements, Glucosamine and Chondroitin

- Stop two weeks prior to surgery.
- Full list available at: OrthoIndy.com/Supplements

Erectile Dysfunction Medications

- Stop Viagra and Levitra: 48 hours before surgery.
- Stop Cialis: 72 hours before surgery.

Anticoagulants (Blood Thinners)

- Contact your prescriber for **specific dosing instructions** before surgery.
 - Includes: Warfarin, Eliquis, Xarelto, Pradaxa, Arixtra, Lovenox, Aspirin, Effient, Brilinta, Plavix, Dipyridamole.

Blood Pressure Medications (ACE inhibitors or ARBs)

- **Do not** take the day of surgery if your medication includes:
 - ACE inhibitors: lisinopril, benazepril, ramipril, enalapril, etc.
 - ARBs: valsartan, losartan, irbesartan, etc.
- Contact your physician with any questions.

Diuretics

- **Do not** take the day of surgery.
- If you take a diuretic (e.g., furosemide, torsemide, bumetanide, hydrochlorothiazide, chlorthalidone), discuss usage with your physician before surgery.

Insulin

- Check with the physician who manages your insulin (or your surgeon's office) for day-of-surgery dosage instructions.

Oral Diabetic Medications (SGLT-2 Inhibitors)

- Stop these medications three days before surgery:
 - Jardiance, Invokana, Farxiga, Brenzavvy, Steglatro, Synjardy, Xigduo, Invokamet, Glyxambi, Trijardy, Qtern, Segluromet or Steglujan

Continued on following page.



Safe Medications to Take Before Surgery

Tylenol (acetaminophen)

- Safe to take as directed as indicated on bottle packaging.

Medication Instructions Before Surgery

GLP-1 Diabetic/Weight Loss Medications

- If you take a GLP-1 medication such as:
 - Dulaglutide (Trulicity)
 - Liraglutide (Victoza, Saxenda, Xultophy)
 - Lixisenatide (Lyxumia, Adlyxin, Soliqua)
 - Exenatide (Byetta, Bydureon)
 - Semaglutide (Ozempic, Wegovy, Rybelsus)
 - Tirzepatide (Mounjaro, Zepbound)
- Stop this medication seven days before surgery to ensure safety with anesthesia.

Oral Weight Loss Medications

- **Do not** take phentermine (Adipex-P) for two weeks before surgery.

MAO Inhibitors

- **Do not** take monoamine oxidase inhibitors (such as phenelzine, isocarboxazid, selegiline, rasagiline, tranylcypromine or moclobemide) for two weeks prior to surgery.

Biologic Medications

- If you take biologic medications or those that suppress your immune system, contact your prescribing physician for specific instructions before surgery.

Transplant Medications

- If you take transplant medications like tacrolimus (Prograf), cyclosporine (Neoral, Gengraf), mycophenolate (CellCept, Myfortic), everolimus (Zortress), or sirolimus (Rapamune), follow your physician's instructions and bring the medications with you the day of surgery.

Illicit Drugs

- Illegal drug use can cause dangerous interactions with anesthesia. Stop use immediately and inform your surgeon or anesthesiologist. Active use may result in delayed or canceled surgery.

Note: This list is not all-inclusive. If you take any medications that may fit into these categories, please consult your prescribing physician or pharmacist before surgery.