

Nicole Rodrick, PT, DPT, CIDN

Physical Therapist

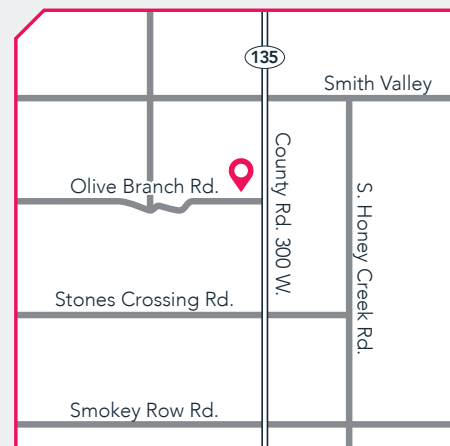


Nicole Rodrick believes patients should be active participants in their recovery. She works closely with each patient to build a plan of care around their goals, keeping them engaged, encouraged and progressing every step of the way.

That approach is rooted in her own experience. As an eighth grader dealing with knee pain, Nicole was told her options were major surgery, giving up sports or living with discomfort. Physical therapy offered a

different path. After a few sessions and some targeted exercises, her pain resolved – and enabled her to go on years later to play Division I college basketball. From that point on, she knew physical therapy was the right path for her.

Today, Nicole enjoys treating a wide range of orthopedic patients and conditions, including athletes of all ages and ability levels, post-operative recovery, and shoulder and knee care. She earned her Doctor of Physical Therapy from Oakland University in Rochester, Michigan, and is certified in dry needling. She incorporates manual therapies, such as stretching, passive range of motion, joint mobilization and soft tissue mobilization, along with her training in Graston Technique, to help patients return to their previous level of function with confidence.



Located At

OrthoIndy Center Grove Physical Therapy

1579 Olive Branch Parke Ln.
Suite 100
Greenwood, IN 46143
317.956.1082

Location Hours

Monday, Wednesday
and Friday:
7am to 4pm
Tuesday and Thursday:
9am to 6pm